

## CAN I GO TO ANY PHARMACY?

- The scheme is available to everyone registered at a participating surgery in southern Derbyshire.
- A list of participating pharmacies in your area is available from community pharmacies and GP surgeries.
- Alternatively you can check by contacting communications@southernderbyshireccg.nhs.uk or call 01332 888 080.

## WILL I STILL BE ABLE TO SEE A GP?

Yes, if you want to you can still have an appointment to see the GP or nurse. This is just another way that you can get advice and treatment without waiting for an appointment with your GP.



## HOW DO I USE THE SERVICE?

When you or an eligible family member need to use the service you must register with a participating local community pharmacy. You need to bring proof that you do not pay for your prescriptions.

You should expect to have a consultation with the pharmacist or trained pharmacy staff. This may take up to 10 minutes. This is to ensure that you get the appropriate treatment and /or advice. Most pharmacies have a private consultation room for this.

You will be given advice and medication if necessary and the pharmacist will also tell you the best way to take the medication and other ways to help manage your symptoms. The medicines supplied are only for you.

## WHAT SHOULD I DO IF MY SYMPTOMS PERSIST?

It is **IMPORTANT** that if your symptoms persist you should seek further advice from your pharmacist or GP.

# PHARMACY FIRST >>>

# FEEL BETTER FAST



## VISIT YOUR PHARMACY FIRST.

The quickest and easiest way to get advice and treatment from your local community pharmacist for patients who do not pay NHS prescription charges.

Visit [www.NHSStayWellDerbyshire.co.uk](http://www.NHSStayWellDerbyshire.co.uk)

**NHS**  
Southern Derbyshire  
Clinical Commissioning Group

## WHAT IS A MINOR AILMENT SERVICE - 'PHARMACY FIRST'?

Everyone can go to their pharmacist for free advice or to buy a medication for a minor ailment. This service is called 'Pharmacy First' and means that you can get advice, treatment or medicines for common less serious illnesses from a community pharmacy, without having to make an appointment with your GP.

### FREE ADVICE AND TREATMENT FOR MINOR AILMENTS, WITHOUT A VISIT TO YOUR GP.

- Athlete's foot
- Bacterial conjunctivitis
- Constipation
- Dental pain
- Diarrhoea
- Earache
- Haemorrhoids
- Hay fever
- Head lice
- Insect bites/stings
- Sore throat
- Teething
- Temperature/fever
- Threadworms
- Thrush



## WHO IS THE SERVICE FOR?

- If you have any of the minor ailments listed in this leaflet and don't normally pay NHS prescription charges, then any medicines supplied (if deemed appropriate) under the Pharmacy First Scheme will be FREE.
- If you do pay for your prescriptions, then the cost of the medicine(s) should be much less than the current prescription charges.
- No treatment can be provided for children of less than three months of age. Babies less than three months old should be treated by their GP.
- There is no upper age limit so older family members may be included, and of course all children up to 16 years of age and full time students up to 18 years are eligible to use the service.

## WHY VISIT THE PHARMACY?

- Pharmacists are trained to treat minor ailments.
- You will not have to visit your GP for a prescription.
- Your GP will be able to spend more time treating patients with more serious illnesses.
- This is a confidential, high quality service, designed to meet the needs of the patient.